

The PEN System

Student Learning & Activity Guide

Practice Based Evidence in Nutrition ®
April 2022 (v1.0)

How would you like to use the PEN System in your classroom?

- 1 Include a PEN System presentation
- 2 Use PEN System content in learning/training materials
- 3 Use PEN System content in assignments/assessments
- 4 Incorporate a PEN System knowledge product assignment

1

Include a PEN System presentation

PEN

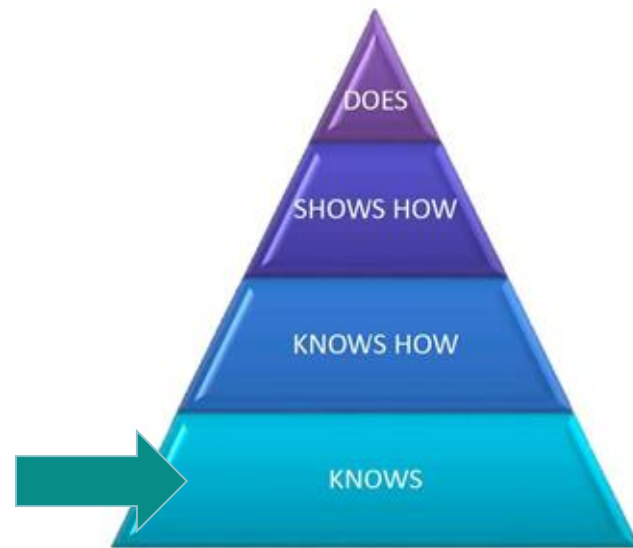
Facilitate one-hour presentation

EDUCATORS

Course support

LEARNERS

Know about role of evidence supporting dietetics practice + (career opportunities)



ICDEP:

Professionalism and Ethics (2.12)

2

Use PEN System content as learning/training materials

PEN (optional)

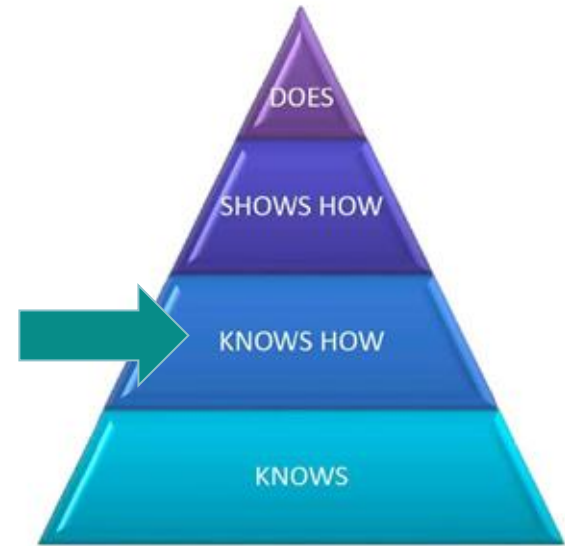
Recommend current PEN System products
(mapped to ICDEP)

EDUCATORS

Content for lecture slides, course readings
and resources

LEARNERS

Know how evidence informs their learning
through application of knowledge



ICDEP:

Food and Nutrition Expertise (1.01-1.07)

3

Use PEN System content in assignments/assessments

PEN (optional)

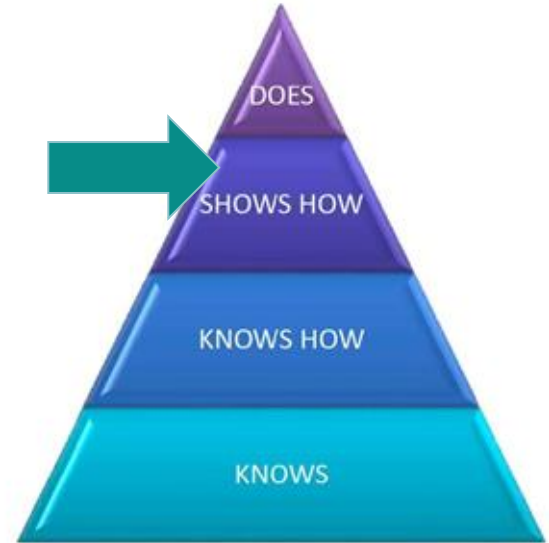
Recommend current PEN System content to support student assignment + workshop/tutorial

EDUCATORS

Expect learners to use evidence-based practice recommendations (e.g., case studies, patient simulations)

LEARNERS

Show how evidence-based knowledge informs practice recommendations



ICDEP:

Professionalism and Ethics (2.09, 2.13)
Food and Nutrition Expertise (1.01-1.07)

4

Incorporate a PEN System knowledge product assignment

PEN

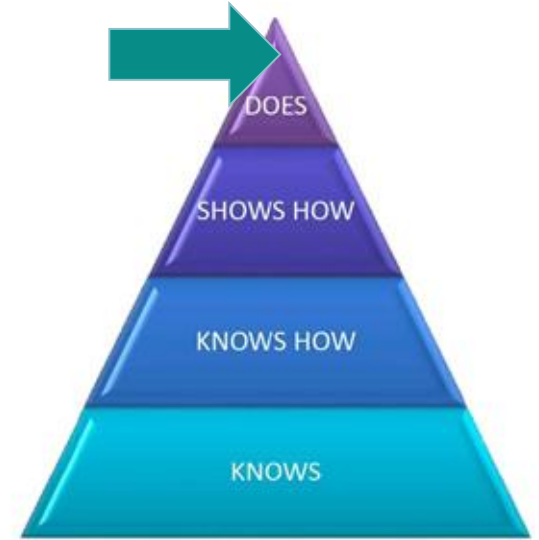
Support assignment development to create/update PEN System product

EDUCATORS

Mentor student to create/update PEN System products

LEARNERS

Translate knowledge into an evidence product
(does)



ICDEP:

Professionalism and Ethics (2.09, 2.13)
Communication and Collaboration
(3.01, 3.02)
Management and Leadership (4.04)

**STUDENT
LEVEL**

- Undergraduate (Years 1-4)
- Graduate
- Practicum

**COURSE
EXAMPLES**

- Professional Practice
- Research Methods
- Student Orientation

1

Include a PEN System presentation

KNOWS

2

Use PEN System content as learning materials

KNOWS HOW

3

Use PEN System content in assignments

SHOWS HOW

4

Incorporate a PEN System knowledge product assignment

DOES

- Undergraduate (Years 2-4)
- Graduate
- Practicum

- Research Methods
- Nutrition Care (NCP)
- Population Health Promotion (Situational Assessment)

- Undergraduate (Years 3-4)
- Graduate
- Practicum

- Research Methods
- Nutrition Communications
- Applied Research Methods

	What can Dietetic Educators expect?	What can nutrition and dietetic students/interns/stagiaire expect?
1. Include a PEN System presentation	A tailored PEN System presentation in a classroom or learning session.	Students know about the role of evidence in supporting all areas of dietetic practice.
2. Use PEN System content as learning/training materials	PEN System content is used as a resource for course/learning materials (e.g., lecture slides, course readings)	Students know how evidence-based practice informs their learning.
3. Use PEN System content in assignments/ assessments	PEN System content is used as a resource for assignments and assessments (e.g., case studies, patient simulations)	Students show how evidence-based knowledge informs practice recommendations.
4. Incorporate a PEN System knowledge product assignment	PEN System knowledge product is developed/ updated as an assignment	Students translate evidence to develop/update a PEN knowledge product (does).