

PEN[®] Year in *Review* 2022

145,934 Users



2,053,843 Pageviews

89 international reviewers
and topic advisors

183 countries
23,650 PEN eNews subscribers

Mentored 5 undergraduate
and dietetic internship students

Content

16 New and Updated Toolkits

253 New and Updated Tools & Resources

12 New and Updated Backgrounds

11 Trending Topics

Most Popular in 2022



Handout: Eating Guidelines for People
with High Blood Cholesterol Levels



Toolkit: Cardiovascular Disease



Summary: Inflammatory Bowel Disease

New and Upcoming Content in 2023

- Household Food Insecurity KP
- Cannabis and Nutrition KP

- Cultural Competence KP
- COVID-19 and Nutrition KP

New PEN Projects in 2022



Knowledge Co-creation: Developed a new knowledge co-creation
process working with experts with lived experience in:

- Transgender and Gender Diverse Nutrition
- Indigenous Nutrition Knowledges



Message to Readers: Updated readers on the
ways language can promote culturally safe, competent
and inclusive practice globally



HAPPY Holidays!



from:

The Global Resource
for Nutrition Practice



20,645



15,527



4,409



1,273